

To all parents of children  
aged 0-4 living in the  
municipality of Sirnach

### **Early support begins at pre-school age**

Children acquire the majority of their skills before school.

There is a great variation in children's language, motor and social skills when they start kindergarten. As the foundations are laid in the early years of a child's life and it is often impossible to make up for developmental delays that manifest when children start kindergarten, successfully implemented early years development support increases their chances of starting their education on equal terms.

If children have the opportunity to develop in a way that is age appropriate, they grow into people who are able to assume responsibility for themselves and others.

The Early Years services will help you to offer your child a positive learning environment, in which your child can improve his or her language, social and fine motor skills in an age-appropriate way.

Give your child an equal opportunity and get them off to a great start when they begin kindergarten by making the most of the following **Early Years services**:

#### **Krabbelgruppe – toddler group for parents and children aged 0 to 3**

Contact: Manuela Raschle-Kundert, 078 767 1614

Further info. from: [www.muesliburg-sirnach.ch](http://www.muesliburg-sirnach.ch)

#### **Spielgruppe Müsliburg– playgroup for children aged 2½ to kindergarten age**

Contacts: Manuela Raschle-Kundert, 078 767 1614

Manuela Ruckstuhl, 079 384 6614

Further info. from: [www.muesliburg-sirnach.ch](http://www.muesliburg-sirnach.ch)

**Sprachspielgruppe – language playgroup for children aged 3 to kindergarten age**

Contacts: Manuela Raschle-Kundert, 078 767 1614  
Manuela Ruckstuhl, 079 384 6614  
Further info. from: [www.muesliburg-sirnach.ch](http://www.muesliburg-sirnach.ch)

**Integrationsspielgruppe – integration playgroup for children aged 2½ to kindergarten age**

Contacts: Manuela Raschle-Kundert, 078 767 1614  
Manuela Ruckstuhl, 079 384 6614  
Further info. from: [www.muesliburg-sirnach.ch](http://www.muesliburg-sirnach.ch)

**Waldspielgruppe Waldchäferli – woodland playgroup for children aged 2½ to kindergarten age**

Contact: Marisa Sammer, 079 285 1220

**Mutter-Kind Turnen, TV Sirnach (Mum and child gym, Sirnach gymnastics club) – for children from 2½**

Contact: Anne Sonntag, 079 309 7610  
Further info. from: <https://www.tvsirnach.ch/kinder-jugend/muki-turnen>

**Mutter-Kind Turnen Busswil (Mum and child gym) – for children from 2½**

Contact: Manuela Stillhard, 078 638 3089

**Sirnach Municipal Libraries– for any age**

Contact: Asprien Carmen, 071 969 3812  
Further info. from: <https://www.sirnach.ch>

**Musigzwerqli (music for tots)– for children from 1½**

Contact: Nicole Stobrawe, 071 966 5454  
Further info. from: <https://www.mk-schule.ch/>



**Musiggarten music group – for children aged 3-4**

Contact: Nicole Stobrawe, 071 966 5454

Further info. from: <https://www.mk-schule.ch/>

**ELKI Singen – singing for children from 1½ to 5**

Contact: Caroline Kamm, 071 966 7465

The early years are particularly influential for a child's development. The following services **offer help** if you have questions or are unsure about your child's education:

**Mütter- und Väterberatung – parental advice from Perspektive Thurgau**

Contact: 071 626 0453

Further info. from: <http://perspektive-tg.ch/muetter-und-vaeterberatung/>

**Jugend- und Familiennetz (JuFaNe) – young people's and family network**

Contact: Marion Erlenhardt, 079 136 5578

Further info. from: <https://www.sirnach.ch/>

**Pro Juventute charitable foundation for young people**

Contact: 052 761 3812

Further info. from: <https://www.projuventute-sh-tg.ch/>

**Eltern-Notruf – emergency helpline for parents**

Contact: 0848 35 4555

Further info. from: <https://www.elternnotruf.ch/>

Stay on the ball as far as your child's early years development is concerned – your child will thank you for it.

Kind regards,

Yvonne Koller

Manager, Social Services and Health Department

